

Concerned about the cost of living crisis?

Some local **Blaby district** information to help....

If you are struggling to pay for essentials or you need more support this year than usual, please read this. You are not on your own.

Help with...	Contact	Date/day	Time	Where?	How much?
FOOD PARCELS					
Trussell Trust Food bank	Professional referral required Contact LAC worker details below	Tues / Fri	12:30 2:30pm	Delivered to your door	free
Enderby Mission Food bank	Email: support@missionfoodbank.org Facebook: https://www.facebook.com/missionfoodbank/ Number: 0116 482 4893	Fridays		Delivery to Narborough, Enderby, Whetstone, Littlethorpe, Blaby & Huncote If you live outside of these areas in the district- collection can be arranged	free

Concerned about the cost of living crisis?

Some local **Blaby district** information to help....

Mosaic Food Bank	Professional referral required – see LAC details below If you require any further information please contact Mosaic Church on Email -foodbank@mosaicchurch.org.uk or call 0116 222 1021	Fri Or Wed Can use once a fortnight	11-12.30 6pm-7pm	Manor House Craft Centre - LE32BG Haddenham Rd Pick up only	free
Open Hands @Oak Centre	Professional referral required See LAC details below openhandsleicester.org.uk Tel – 01163260269 Email – admin@oakcentre.org.uk			The Oak Centre, Braunstone LE31QA	Free
HOT MEALS					
Blaby Drop In centre (for 60+ yo residents)	Book lunch and potentially minibus transport to and from your front door - Carol 01162787944	Every Mon & Wed	12pm	Drop In centre	£3
Blaby Congregational Church	Meals for families Julie 07713284631	Beginning Sat 5 th Nov	12pm	Congregational church	free
Countesthorpe Senior Luncheon Club (for 60+	David Ball 0116 2775253	Every Wed	12pm	Methodist Church	£3

Concerned about the cost of living crisis?

Some local **Blaby district** information to help....

residents, small waiting list)					
Open hands Pie Night -	Emergency Hot meal – Consisting of Pukka pie, Jacket Potato, Baked beans and a pudding. The Open Hands compassion Centre 19, Lower Willow St LE12HP	Tuesdays	7pm	The Open Hands compassion Centre 19, Lower Willow St LE12HP	Free
HOT DRINK & A CHAT					
Blaby Congregational Church	Cuppa and a chat Julie 07713284631	1 st & 3 rd Thu of the month Contact Julie for dates	10-12pm	Congregational church	free
Blaby Baptist Church	Cuppa and a chat	Fri 2:15-4pm		Baptist Church	
St Andrew's Friendship Group	Cuppa and a chat	Every Mon	2.15-3.30	St Andrew's Church (The Cornerstone)	£1 Hot drink and cake
Rainbow Charity Shop	Cuppa and a chat	Mon – Thurs	10-12 and 2-4	The Bridge, Main St, Countesthorpe	£1 hot drinks

Concerned about the cost of living crisis?

Some local **Blaby district** information to help....

		Fri Sat	10-12 10-1		
Braunstone Town Library	Coffee morning	Wed	10.15-12.00	Braunstone Town Library	Donation
Blaby Library	Coffee morning	Every other Thu starting 13/10	10-12	Blaby library	Donation
Narborough Congregational Church	Coffee Morning	Every Thursday	11-12:30	Narborough Congregational Church	donation
Enderby Civic Centre	Coffee Morning	Tuesdays	09:30am-11:00am		Donation
Countesthorpe Library	Cuppa	Monday and Thursday Tuesday and Saturday	9-5 9-1	Station Road, Countesthorpe	£1 hot drinks
HELP WITH FINANCES/BENEFITS/HEATING MY HOME					
Warm Homes	0116 305 4286	Help with heating and staying warm at home			

Concerned about the cost of living crisis?

Some local **Blaby district** information to help....

	Guide to staying warm: https://firstcontactplus.org.uk/download/Warm-Homes-advice-booklet.pdf	
Citizens Advice Bureau (CAB)	0844 8489009 https://citizensadviceleicestershire.org/get-advice/blaby/	Help and support with a range of issues including benefits
Warm & Wise project Age UK	01162614604 email: warmandwise@ageukleics.org.uk	Any Leicestershire resident 50+ who wants advice and support about staying warm
Blaby resident support service	0116 2727771 www.blaby.gov.uk	Help and support for anyone across Blaby district
Blaby switch and save (for energy bills)	https://bigcommunityswitch.co.uk/blaby/home	Energy advice
Leicestershire County Council	https://www.leicestershire.gov.uk/leisure-and-community/find-help-with-cost-of-living	Cost of living advice
Community Advice and Law Service	https://cals.uk.net/	Free community law advice and support

If you are unsure where to go for help, please contact your Local Area Coordinator for a friendly chat about this, we are happy to help direct you to the right help for you:

Jen Fielding LAC for Blaby village 07739035296 jennifer.fielding@leics.gov.uk

Alice Porter LAC for Enderby & Narborough 07919044896 alice.porter@leics.gov.uk



Concerned about the cost of living crisis?

Some local **Blaby district** information to help....

Katie Barradell LAC for Braunstone, LFE & Thorpe Astley 07526928276 katie.barradell@leics.gov.uk

Eleanor Blackwell LAC for Countesthorpe 07526929023 eleanor.blackwell@leics.gov.uk

Sana Zaveri LAC for Glenfield & Kirby Muxloe 07928513738 sana.zaveri@leics.gov.uk